

# Mountain View Elementary School

## "Kenai's Neighborhood School"

December 1, 2017  
Volume 4, Issue 4



Karl Kircher, Principal  
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283-8600

### **\*IMPORTANT DATES\***

**Tuesday, December 5 –  
Friday, December 8**  
POLAR PALS GIFT SHOP  
OPEN FOR STUDENTS

**Monday, December 11**  
YOUTH CHOIR &  
BAND CONCERT  
6:00 PM  
at Mt. View

**Tuesday, December 12**  
PTA MEETING  
4:00 PM  
in the Library

**Monday, December 18**  
1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> GRADE  
WINTER CONCERT  
6:00 PM  
at KCHS

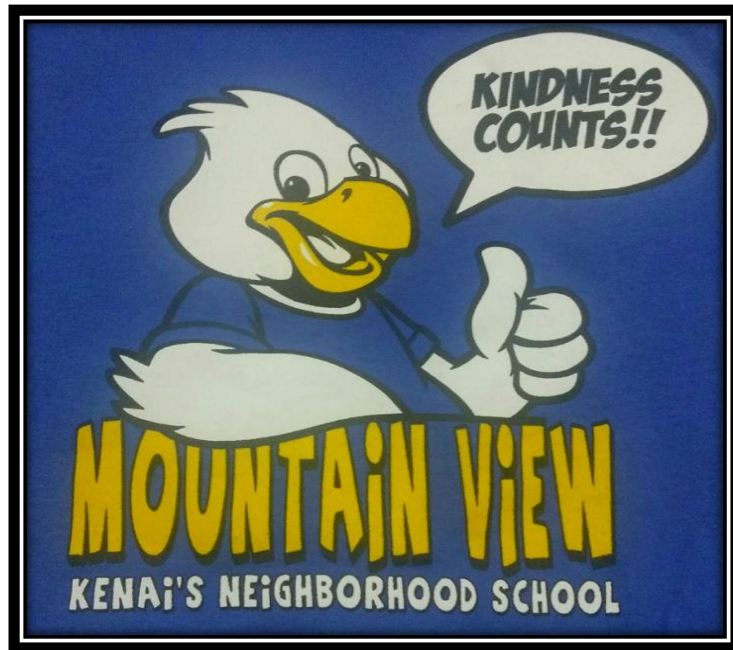
**Friday, December 22**  
INSERVICE DAY  
NO SCHOOL FOR  
STUDENTS

**December 23 – January 7**  
WINTER BREAK  
NO SCHOOL

**Monday, January 8**  
SCHOOL RESUMES



### **Kindness Counts**



The above logo was on the 488 tee-shirts that our PTA designed, purchased and distributed to the students at Mountain View Elementary. The message is clear as to the behavioral interactions we place a priority on here at our school. While respect is often the “go to” theme for school-wide expectations, our staff feels that kindness is indeed a step up in this area as it reaches a deeper emotional level. We specifically teach and recognize kindness whenever we can. Kindness lessons can be found specifically in teacher’s lesson plans at the beginning of each semester. Having all students, staff and families utilize positive responses to respectfully resolve conflict has long been a staple of our schools Strategic Plan. Kindness is promoted in all interactions.

Multiple researchers have shown that students who learn kindness and empathy are more likely to acquire the fundamental skills to build the strong relationships that are one of the most vital and durable sources of well-being. When these relationships are built between teacher and student the perfect environment blooms for teaching and learning. If you are looking for what really drives our schools success it can be found in the kindness of our daily interactions with each other, and on the front of some pretty cool shirts.

Kenai Peninsula Borough School District

# CONGRATULATIONS!



## SOARING EAGLES FOR SEPTEMBER

Kailynn Baker, Noah Bliss, Angelina Bond, Lilliana Brewer, Aidan Cole, Jacob Dalton, Makenzie Hancock, Brandon Henry, Kaelynn Hensley, Nevaeh Huff-Sorreles, Sophia Kocinski, Vincent Logston, Elle Maufrais, Marley Mesa, Josiah Miller, Ellsi Miller, Maci Miller, Makalani Nicholas-Silvira, Ben Roberts & Jay Songer

## SOARING EAGLES FOR OCTOBER

Jon Broussard, Layla Berg-Anderson, Evelyn Cooper, Tyler Cruickshank, Courtney Galloway, Sienna Graham, Cece Gray, Chad Hernandez, Chase Johnson, Christian Kocinski, Jessica LeClair, Tristen Martin, Mac Maufrais, Shelby Moore, Sunnie Paquette, Addison Pierce, Peter Ross, Riley Schuetzler, Jesse Slaughter, Brooklynn Wheeler & Khloe Wolverton

## SOARING EAGLES FOR NOVEMBER

Bella Carrasco, Lillianna Christensen, Patience Cucullu, Davis Deese, Alaira Doherty, Savannah Florentin, Kane Guest, Skyler Henry, Braydon Imergan, Leini Johansen, Owen Koroll, Peyton Malmquist, Samuel Merritt, Winter Morris, Jase Munter, Kaylee Phillips, Juliaha Powell, Reagan Reed, Jocilyn Reid, Serena Roza, William Shaw & Kai Shields.



## NURSES NEWS



Cold and Flu season has arrived. Please teach your child the importance of staying healthy. Here are some tips.

\*Cover your mouth when you cough or sneeze. Cough and sneeze into your elbow!

\*Wash your hands often.

\*Drink lots of water.

\*Dress properly for the weather. We want our students to get lots of fresh air, so we have outdoor recess when possible. Please make sure your child comes to school with proper winter gear. Also remember to send shoes to wear indoors and at gym.

### **When to keep your child home from school**

1. Your child should not be at school if they have thrown up in the past 24 hours, or has had 2 or more episodes of diarrhea.
2. If they have a fever over 100.0F in the past 24 hours with or without medication.
3. If you feel the need to give cough medicine or pain/fever reducer in order for them to be able to come to school.

### **Hand, Foot and Mouth**

I have received questions about Hand, Foot and Mouth. It is a common viral illness that is spread through saliva, feces, respiratory secretions and direct contact with blisters.

It is most contagious during the time the student is feeling ill and/or has open, weeping blisters.

The classic appearance of HFM is a sudden sore throat, fever, fatigue and loss of appetite. Within 1-2 days, blister like sores may appear in/around the mouth, on hands and feet.

Treatment is not usually necessary. You may desire to lessen the discomfort and pain but **DO NOT GIVE ASPIRIN**. Children should stay home from school if they have a fever of 100 degrees or higher, open weeping blisters, or any other symptoms that may cause the child not to be able to participate in the school day.

Recommendations to help prevent the spread of HFM are:

Hand washing, cover nose and mouth when coughing and sneezing, wash toys and other surfaces that may have saliva on them.

As always if you have any questions feel free to call me 283-8605 or email: [daubin@kpbsd.k12.ak.us](mailto:daubin@kpbsd.k12.ak.us)